

### **COVID-19 Secure: How are we making the visit safe from a COVID-19 perspective?**

The safety of our participants and staff is of utmost importance whilst you are visiting one of our imaging centres for the COVID-19 Repeat Imaging Study. We have put several measures in place to ensure that your visit is 'COVID-19 secure'. These are summarised below but further details can be obtained from the 'Useful links' section of our study webpage at <https://ukbiobank.ac.uk/covid-19-repeat-imaging-study>.

We recommend that you do not attend a COVID-19 repeat imaging appointment if you are at higher risk from coronavirus i.e. if you are clinically extremely vulnerable (for information, please see <https://www.nhs.uk/conditions/coronavirus-covid-19/people-at-higher-risk/whos-at-higher-risk-from-coronavirus/>). If this applies to you but you would like to attend a repeat imaging assessment at some point in the future, please let us know by calling us on 0800 0 276 276.

### **Do not attend for your imaging assessment if you are shielding, or if you should be self-isolating for any reason.**

This may include, but is not limited to, one of the following:

- 1) You have symptoms of COVID-19 (cough, fever, loss of taste/smell) ([see https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms](https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms)).
- 2) You have had a positive COVID-19 test result within the past 10 days.
- 3) You are awaiting the result of a COVID-19 test.
- 4) Someone in your household/bubble has tested positive for COVID-19 within the past 14 days.
- 5) You have been contacted by Track and Trace and told to isolate.
- 6) You have been told by NHS 111, your GP or another healthcare professional to isolate.
- 7) You have returned from a country, territory or region NOT on the travel corridor list ([see https://www.gov.uk/guidance/coronavirus-covid-19-travel-corridors](https://www.gov.uk/guidance/coronavirus-covid-19-travel-corridors) for current guidance for England and links to guidance for Scotland and Wales).

For further information about the national guidance on self-isolating and shielding, please refer to <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

**If you are unable to attend an appointment already booked, please telephone our Participant Resource Centre on 0800 0 276 276 (Monday-Friday 9am to 5pm) to re-schedule your appointment. Please try to give us as much notice as possible so that we can offer your appointment to another participant.**

What we will ask you to do:

If COVID-related travel restrictions are still in place at the time of your appointment, please ensure that you take your imaging appointment confirmation letter and photo ID with you. This is so that you can demonstrate that you are travelling for the essential purpose of taking part in clinical research which cannot be done from home, should it be required.

Please follow current travel guidance if you choose to use public transport ([see https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers](https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers) for current guidance for England and links to guidance for Scotland and Wales).

If you need someone to help you during the journey, you can also claim travel expenses for a companion. They will be unable to wait inside the imaging centre. This is to keep the number of people on site to a minimum and maximise the ability for social distancing.

When you arrive at the imaging centre, we will ask you some safety questions to ascertain if you may have COVID-19 or have a high chance of having been exposed to someone with COVID-19 in the run-up to your appointment. If we have any concerns (e.g. if you are showing symptoms or have returned from a 'high-risk' area in the past 14 days) when you arrive at the centre or during the assessments then you will be asked to come back at a later date.

Please wash your hands thoroughly when you arrive, and regularly wash your hands or use the provided alcohol hand gel during your time in the imaging centre.

Please wear a face covering that covers your nose and mouth when you arrive at the imaging centre. Following registration, we will provide you with a surgical grade mask to wear for the duration of your appointment. You will be able to remove your face mask whilst you are on the MRI scanner.

Please bring minimal belongings into the centre environment and wear clothes that are easy to change in and out of so that the time taken to change is kept to a minimum. Lockers will be available and will be thoroughly cleaned between participants. Disposable slippers will be provided if required.

If you develop symptoms of COVID-19 within 48 hours of visiting our imaging centre, please follow the usual Government guidelines (<https://www.gov.uk/get-coronavirus-test>) about obtaining a diagnostic test or call 111. The UK Biobank imaging centres are COVID-19 secure so you do not need to tell us if you have symptoms or receive a positive test result.

### **What we will do:**

We aim to conduct the imaging visit in a similar way to your original visit. The main differences are:

We have greatly reduced the number of participants who attend the site each day so that social distancing is easier to achieve, and for everyone's safety.

When our staff are required to be within 1 metre of you to perform some of the tests or position you for imaging, they will wear Personal Protective Equipment (PPE), including surgical face masks, gloves and disposable gowns. Perspex screens will be in situ on Reception and around the touchscreen booths.

The frequency of cleaning of both the centre environment and equipment has been increased. Particular attention is paid to frequently touched surfaces. All surfaces in each room are sanitised before and after each participant. Floors are cleaned twice a day.

Additional sinks have been installed around the centre and alcohol hand gels are readily available for use at any time by staff and participants.

We are regularly testing all centre staff for COVID-19. Anyone who receives a positive test result will be asked to leave site immediately and not return until we are sure it is safe for them to do so.

The choice of refreshments available to you may be more limited than was the case at your previous visit. All food will be sealed (no fruit can be offered during this time) and we will use disposable cups for drinks. If you have specific dietary requirements, we may ask that you purchase your own refreshments to bring with you and reimbursement will be made to you of up to £5.00.